Memory Care Services Disclosure

Generations Senior Living provides special care for people with Alzheimer's disease and related disorders in licensed assisted living homes near The Villages, Florida. Section 429.177, Florida Statutes, requires us to describe the services that make our care especially suited to people with dementia. We give this disclosure to everyone who asks about our memory care, keep a copy in our records, and make it available to the Agency for Health Care Administration at license renewal.

Our homes

Our memory care is provided in small residential homes rather than a large building, so residents live in a familiar, household-sized setting.

- Private and semi-private bedrooms, each with an in-room intercom and a personal memory box outside the door to help residents find their room.
- Shared living room, kitchen-dining room, outdoor dining area, and landscaped garden areas.
- Indoor and outdoor semi-private areas for visiting with family.

Staffing and supervision

Each home has caregivers awake and on duty 24 hours a day, which meets the awake-staff requirement of section 429.178(1), Florida Statutes.

- **Daytime:** two caregivers on duty at each home.
- **Overnight:** one caregiver on duty at each home who stays awake the entire night.
- Caregivers help with bathing, dressing, toileting, eating and other daily activities, and watch for and report any change in a resident's condition.
- We work to keep the same familiar caregivers with each resident, because consistency reduces confusion and anxiety for people with dementia.
- Each home is overseen by its Administrator.

We do not provide one-on-one care as part of our basic services. If a resident needs one-on-one care, it can be arranged at an additional charge (see Appendix B of the Resident Agreement).

Staff training

Our caregivers complete the dementia training that section 430.5025, Florida Statutes, requires of facilities that advertise specialized Alzheimer's care, plus the Community's own training.

- **Written information on interacting with people with Alzheimer's disease and dementia.** All employees, at hire.
- **1 hour of dementia training (Department of Elder Affairs curriculum).** Staff who give personal care or have regular contact with residents, within 30 days of hire.
- **3 hours of additional dementia training.** Staff who give personal care or have regular contact with residents, within 3 months of hire.
- **4 hours of dementia-specific training (stages of dementia, communication, medical information, stress management).** Staff who give personal care, within 6 months of hire.
- **At least 4 hours of dementia continuing education.** Staff who give personal care, every calendar year.

Our training also covers Alzheimer's care, elopement and wandering, Parkinson's disease, person-centered care, resident behavior and needs, communication, assistance with self-administration of medication, infection control, nutrition and food safety, resident dignity, and resident rights. Training records are kept for every employee.

A safe environment

Each home is secured so residents can move freely indoors and in the yard while being protected from wandering away.

- A privacy fence surrounds the entire property.
- Doors to the outside open with a keypad code.
- Video monitoring covers the common areas.

- Automatic fire and smoke alarms and a commercial-grade sprinkler system, with a written emergency and safety plan.
- Every resident is assessed for elopement risk within 30 days of admission. For residents at risk, a current photo is kept on file for staff and law enforcement, staff check daily that the resident has identification, and staff stay aware of where the resident is at all times.
- Staff follow a written missing-resident procedure (Addendum II) and practice it in documented elopement drills.
- Generations does not use physical restraints.

Activities for residents with memory loss

Activities are planned for people with cognitive impairment, as section 429.178(2), Florida Statutes, requires, and are shaped by each resident's life history and hobbies.

- Familiar games such as cards, checkers, chess and bingo, and Wii games.
- Interactive educational programs from Team Elliott Education.
- Computer access so residents can read the news or email family.
- Birthday celebrations for every resident.
- Scheduled monthly outings, and time outdoors in the secured yard and garden areas.
- A monthly activity calendar posted in each home and on our website.

Residents and families can shape the program through the Resident and Family Council held quarterly at each home.

Health care, medication and meals

We coordinate each resident's care with their own physician and with clinicians who specialize in dementia.

- **Medical Director:** Kelly Higgins, ARNP, has about 20 years of geriatric experience focused on Alzheimer's and dementia care, works under the direction of a physician, makes visits to all of our homes, and is on call.
- **Neuropsychologist:** L. Russell Mavrides, Ph.D., who specializes in evaluating and treating dementia, stroke and other cognitive impairment, works with residents' primary care providers on treatment plans.

- **Home health and hospice:** we work with home health nurses and agencies, and with hospice for residents who choose it.
- **Care plans:** each resident has a personalized service plan developed with the resident, family and health care providers, updated when needs change.
- **Medication:** trained staff assist residents with self-administration of medication as prescribed by their physician (Appendices E and F). Blood pressure and weight are checked and recorded regularly.
- **Meals:** three meals a day, served family-style, planned with a licensed dietitian and suited to people with dementia, with snacks and drinks available all day.

What our memory care does not include

Our homes are licensed assisted living facilities, not nursing homes, so some care is outside what we can provide.

- No 24-hour nursing care or skilled nursing services.
- No one-on-one supervision as part of basic services (available at an extra charge).
- Residents whose needs go beyond what we are licensed to provide, or who no longer meet the admission and continued-residency criteria in the Resident Agreement, will be helped to move to a more appropriate setting, with the written notice Florida law requires.

Questions

Call Generations Senior Living at (352) 474-2696 or visit genseniorliving.com.